

Blessings for Putting on Tallit and Tefillin

TALLIT

On putting on the Tallith say:—

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהִתְעַטֵּף
בְּצִיצֵת.

Blessed art thou, O Lord our God, King of the universe, who hast hallowed us by thy commandments, and hast commanded us to enwrap ourselves in the fringed garment.

TEFILLIN

On placing the tefillin on the arm, say:—

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַנִּיחַ תְּפִלִּין.

On placing the tefillin on the forehead, say:—

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל מִצְוַת
תְּפִלִּין.

בְּרוּךְ שֵׁם כְּבוֹד מְלָכוּתוֹ לְעוֹלָם וָעֶד.

The retsuah is wound thrice round the middle finger, and the following is said:—

וְאֲרֻשְׁתֶּיךָ לִי לְעוֹלָם, וְאֲרֻשְׁתֶּיךָ לִי בְצַדִּיק וּבְמִשְׁפָּט וּבְחֶסֶד וּבְרַחֲמִים. וְאֲרֻשְׁתֶּיךָ
לִי בְּאַמוּנָה, וְיָדַעְתָּ אֶת יְיָ.

On placing the phylactery on the arm, say:—

Blessed art thou, O Lord our God, King of the universe, who hast hallowed us by thy commandments, and hast commanded us to put on the Tefillin.

On placing the phylactery on the forehead, say:—

Blessed art thou, O Lord our God, King of the universe, who hast hallowed us by thy commandments, and hast given us command concerning the precept of the Tefillin.

Blessed be His Name, whose glorious kingdom is for ever and ever.

The retsuah is wound thrice round the middle finger, and the following is said:—

[Hosea 2.21,22] And I will betroth thee unto me for ever: yea, I will betroth thee unto me in righteousness, and in judgment, and in lovingkindness, and in mercy: I will even betroth thee unto me in faithfulness: and thou shalt know the Lord.