

Blessing over the Bread

First, we say the blessing over washing the hands:

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ
עַל נְטִילַת יָדַיִם.

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצֵיא לֶחֶם מִן הָאָרֶץ.

On washing the hands, previous to partaking of a Meal, say:—

Blessed art thou, O Lord our God, King of the universe, who hast hallowed us by thy commandments, and hast given us command concerning the washing of the hands.

Blessed art thou, O Lord our God, King of the universe, who bringest forth bread from the earth.